Oxford College  
PE 111 – Intermediate Swimming  
MWF 12:50 – 1:40  
Spring 2007  

Instructor: Anthony Gonzales  
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Phone: 770-784-4675  
Office: Williams Gym  
Hours: M & W 11:15-12:15  
T & R 1:15-2:15  
Or By Appointment  

Course Description: Develops the intermediate swimmer’s (one who is not afraid of water, but is not comfortable in deep water) skills in basic strokes and personal safety. In water safety and survival is emphasized.  

Course Objectives: The purpose of this class is to introduce, discuss, demonstrate and participate in intermediate swimming activities and techniques. The students will be able to perform specific proficiencies of aquatic survival as well as have a greater understanding of the term aquatics.  

Week Of: Activity:  
Jan 17 Introduction to Intermediate Swimming  
Jan 22 Mon – NO CLASS, Wed & Fri - Survival Float  
Jan 29 Mon Survival Float, Wed Treading Water, Fri - TBA  
Feb 5 Treading Water  
Feb 12 Sidestroke  
Feb 19 Elementary Backstroke  
Feb 26 Front Crawl (aka Freestyle)  
Mar 5 Breaststroke  
Mar 12 SPRING BREAK – NO CLASS  
Mar 19 Rescue Techniques, Fri – Written Rescue Test  
Mar 26 Bobbing  
Apr 2 Underwater Swimming/Actions, Brick Retrieval  
Apr 9 Deep Water Games  
Apr 16 Clad Activities  
Apr 23 Mon – Final Prep, Wed - Water Test, Fri – Prof Make-up  
Apr 30 Water Games  

* Schedule is subject to change  

Attendance: Students are expected (and highly recommended) to attend every class. Tardies will result in 1 participation point deducted up to 5 minutes after class starts, 2 points for up to 10 minutes, and up to 4 points after 10 minutes. Students are responsible for all information/activities done in class whether they are attended or not.
**Participation:** Student participation is a key for success in this class. Four (4) points will be given each day for participation as follows:

- 4 = excellent participation of class activities
- 3 = good participation
- 2 = average participation, maximum score if not in pool
- 1 = below average participation
- 0 = no participation or absent, minimum score if not in pool

**Proficiencies:** Proficiencies will be assessed by a 5 point system for each specific topic. (except for the Rescue Technique written test – 15 points). If you earn a 3, 2 or 1 on a proficiency test you will have a chance to make up that test, up to three proficiencies, on Friday, April 27. If you receive a zero (0) on proficiency due to an absence you can choose to make it up on Friday, April 27, with the understanding that it will count as three (3) make up proficiencies. You may not make up the final on the makeup day.

Proficiencies for this class will include, but are not limited to:
- Survival Floating, Treading Water, Side Stroke, Elementary Back Stroke, Breaststroke, Front Crawl (Freestyle), Rescue Techniques, Bobbing, Front Summersault, Back Summersault, Brick Retrieval, Clad Removal Pants, Clad Removal Shirt

**Swim Final:** The swim final will be on Wednesday, April 25. Your performance will be evaluated in the following areas: water entry, summersaults, survival float, swim strokes, bobbing and treading

**Evaluation:** There will be a total of 334 points for this class.

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\text{Participation} = 38 \text{ days} \times 4 \text{ points} = 152 \text{ points total} \\
\text{Proficiencies} = 70 \text{ points total} \\
\text{Swim Final} = 112 \text{ points total} \\
\text{Total Points} = 334 \text{ points}
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The grading scale for this class is as follows:

- 301 - 334 = A
- 267 – 300 = B
- 234 - 266 = C
- 200 - 233 = D
- 199 and less = F

**Attire:** Swim suits are required. Shorts/cutoffs are not permitted. Students may wear additional clothing over swim suits if they so desire. Street shoes are not permitted on the pool deck. Failure to wear the required attire will result in a zero (0) for the day. Please keep all personal electronic devices out of the pool area during this class.
Reminder: Class activities may include vigorous physical activity. If you have any medical condition or physical problems to prevent you from full participation in such activity, it is your responsibility to inform the instructor of its nature and provide documentation from your physician stating 1) the medical condition, 2) limitations of the condition, and 3) recommendations that would help you meet the requirements of the course. Students may also contact the Office of Disability Services (404-727-6016)

Reasonable Accommodations for Students with Disabilities: If you have a disability that may require assistance or accommodations, or you have questions related to any accommodations for testing, note taking, reading, physical activity, etc., please speak with me as soon as possible. Students may also contact the Office of disability Services (404-727-6016) with questions about such services. It is the student’s responsibility to initiate considerations’ all students must self-disclose to ODS and complete the registration process. Students with identified or suspected writing disabilities of any kind should contact the Writing Center located in Language Hall (770-784-4722).

Honor Code: Article 2.A “A student’s signature on a paper or test submitted for credit shall indicate he or she has neither given nor received unauthorized information on the work, nor has condoned the giving or receiving of unauthorized information by others.”